

Trinity College of Florida

Week 5

Monday 16

Tuesday 17

Wednesday 18

Thursday 19

Friday 20

Saturday 21

Sunday 22

Breakfast—Served from 7:30am to 8:30am

Daily offerings include Cereal, Fresh Cut and Whole Fruit, Yogurt and Granola, Bagels, English Muffins, and Toast

Weekend Brunch—Served from 11:30am to 12:30pm
Daily offerings include Cereal, Fresh Cut and Whole Fruit, Yogurt and Granola, Bagels, English Muffins, and Toast

Scrambled Eggs
Sausage Links
Donut Holes

Egg Frittata
Biscuit
Oatmeal

Scrambled Eggs
Bacon
French Toast

Over Easy Eggs
Grits Casserole
National Beignet Day!!

Made to Order
Omelets
Blueberry Pancakes
Hickory Smoked Bacon
Biscuits and Gravy

French Toast
Donut Holes
Sausage Patties
Scrambled Eggs

Lunch—Served from 11:30am—1:00pm

Daily offerings include a Salad Bar with Assorted Fresh Vegetables, Proteins, House-made Dressings, Condiments, Fresh Baked Rolls, Scratch Made Soup, Pasta with Assorted Sauces, Grilled Chicken Breast, and Steamed Rice

Beefaroni
Fresh Vegetables
Confetti Corn

Taco Tuesday
Al Pastor Tacos
Southwestern Slaw
Black Beans and Rice

Meatloaf
Mashed Potatoes and
Gravy
Buttered Broccoli
Dinner Roll

General Tso's Chicken
Vegetable Lo Mein
Won Tons
Egg Drop Soup

National Cheeseburger
day!!
Bacon, Mushrooms,
Caramelized Onions,
Onion Rings, BBQ Sauce

Rasta Pasta
Buttered Carrots and
Cabbage
Pigeon Peas & Rice
Plantains

Chicken and
Dumplings
Squash and Zucchini
Fried Eggplant
Cheddar Biscuits
Fresh Baked Cherry
Pie

Dinner—Served from 5:30pm—6:30pm

Daily offerings include a Salad Bar with Assorted Fresh Vegetables, Proteins, House-made Dressings, Condiments, Fresh Baked Rolls, Scratch Made Soup, Pasta with Assorted Sauces, Grilled Chicken Breast, and Steamed Rice

Chimichurri Pork
Red Bliss Potatoes
Roasted Vegetables
Banana Pudding

National Linguine
Day!!
Chicken Pad Thai
Cucumber Salad
Spring Rolls with
Ponzu

Chicken Parmesan
Pasta Marinara
Sautéed Spinach
Italian Salad
Breadstick

Pan Seared Mahi Mahi
Yuca Fries
Blistered Tomatoes and
Green Beans

White Lasagna
Greek Salad
Sautéed Kale
Garlic Bread
National Red Velvet
cake day!!

Pulled Pork
Slider Buns
Coleslaw
Potato Salad
Mac and Cheese
Smothered Green Beans
Corn on the Cob

Chicken Tender
Dinner!!
Crinkle Cut Fries
Texas Toast
Trinity Sauce
Broccoli Salad
Cookies



**ChefAdvantage is committed to serving
Nutritious and Delicious Meals!**
Locally sourced ingredients whenever possible
No High Fructose Corn Syrup, Trans Fats, or MSG

