

Trinity College of Florida

Week 1

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
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Breakfast—Served from 7:30am to 8:30am
 Daily offerings include Cereal, Fresh Cut and Whole Fruit, Yogurt and Granola, Bagels, English Muffins, and Toast

Weekend Brunch—Served from 11:30am to 12:30pm
 Daily offerings include Cereal, Fresh Cut and Whole Fruit, Yogurt and Granola, Bagels, English Muffins, and Toast

Scrambled Eggs
 Hickory Smoked Bacon
 Buttermilk Pancakes

Chicken Biscuit
 Top Your Own Hash
 Browns
 Scrambled Eggs

Broccoli Cheddar Quiche
 Sausage Links
 Cinnamon French Toast

Scrambled Eggs
 Grilled Breakfast Ham
 Blueberry Pancakes

Made to Order
 Omelets
 Spinach and Egg
 Casserole
 Hickory Smoked Bacon
 Biscuits and Gravy

Made to Order
 Omelets
 Ricotta Pancakes with
 Fresh Berry Compote
 Sausage Patties
 Scrambled Eggs

Lunch—Served from 11:30am—1:00pm
 Daily offerings include a Salad Bar with Assorted Fresh Vegetables, Proteins, House-made Dressings, Condiments, Fresh Baked Rolls, Scratch Made Soup, Pasta with Assorted Sauces, Grilled Chicken Breast, and Steamed Rice

Grilled Hamburgers and
 Hot Dogs
 French Fries
 Baked Beans
 Mixed Fresh Vegetables

Shrimp and Sno Peas
 Sesame Chicken
 Vegetable Fried Rice
 Stir Fried Vegetables
 Vegetable Eggroll

Mojo Marinated Pork
 Roasted Red Potatoes
 Cauliflower and Carrots
 Fresh Baked Roll

Philly Cheese Steak
 Crispy French Fries
 Italian Market Salad

Grilled Ham and Cheese
 Grilled Cheese
 Assorted Chips
 Tomato Basil Soup

Fresh Baked Pizza
 Italian Market Salad
 Blueberry Crumble

Fried Chicken
 Macaroni and Cheese
 Green Beans
 Strawberry Shortcake

Dinner—Served from 5:30pm—6:30pm
 Daily offerings include a Salad Bar with Assorted Fresh Vegetables, Proteins, House-made Dressings, Condiments, Fresh Baked Rolls, Scratch Made Soup, Pasta with Assorted Sauces, Grilled Chicken Breast, and Steamed Rice

BBQ Chicken Quarters
 Baked Beans
 Cole Slaw
 Broccoli Salad
 Fresh Baked Apple Pie

Chicken Enchiladas
 Spanish Rice
 Refried Beans
 Corn and Peppers
 Tres Leches Cake

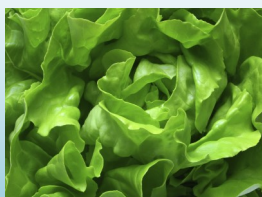
Hearty Lasagna
 Fresh Baked Focaccia
 Caesar Salad
 Steamed Broccoli
 Lemon Cake

Roast Turkey
 with Gravy
 Cornbread Dressing
 Country Green Beans
 Zucchini and Squash
 Peach Cobbler

Citrus Dill Salmon
 Wild Rice Pilaf
 Roasted Asparagus
 Garlic Sautéed Spinach
 Pineapple Upside Down
 Cake

Carved Roast Beef
 Smashed Potatoes
 Glazed Carrots
 Sautéed Green Beans
 Chocolate Pudding

Big Mac Attack!
 Double Burgers with
 Special Sauce
 Shoestring Fries
 Chicken Nuggets
 Roasted Veggies
 Hot Apple Pie



**ChefAdvantage is committed to serving
 Nutritious and Delicious Meals!**
 Locally sourced ingredients whenever possible
 No High Fructose Corn Syrup, Trans Fats, or MSG

